



Satan Tempts Jesus

Luke 4:1-13

Young children often don't understand the interplay of cause and effect. When children get into trouble, they don't always realize that the problems or punishments they're experiencing are the result of their own actions. Use this lesson to help children understand both why Jesus resisted temptation and the reason it's important for them to make good choices as well.



► Bible Point

Jesus helps us resist temptation.

Key Verse

"Because he himself suffered when he was tempted, he is able to help those who are being tempted" (Hebrews 2:18).

Weaving Faith Into Life

Kids will ask God for help when they're tempted to do wrong things.

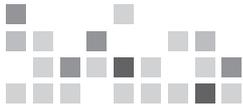
LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
1 Getting Started	Leader Says... <i>(about 10 min.)</i> Play a fun game about temptation.		
2 Bible Exploration	In the Desert <i>(about 10 min.)</i> Hear how Jesus was tempted in the desert.	Bible, CD player, stones, 3 extra-large sheets of paper, tape, colored markers Teacher Pack: CD	Hang 1 extra-large sheet of paper where children can reach it on each of 3 walls.
	Temptation Two <i>(about 7 min.)</i> Learn how Jesus was tempted a second time.	Bible, CD player, colored markers, extra-large paper from the "In the Desert" activity Teacher Pack: CD	
	Don't Test God <i>(about 7 min.)</i> Listen to Jesus resist the third temptation.	Bible, CD player, colored markers, extra-large paper from the "In the Desert" activity Teacher Pack: CD	

Bold text within the lesson is spoken text.



LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
3 Weaving Faith Into Life	Not Alone <i>(about 10 min.)</i> Draw pictures of temptations they face, and learn the Key Verse.	Bible, My Bible Fun, crayons	Tear out the Lesson 7 pages from each My Bible Fun student book.
	Shield Against Temptation <i>(about 15 min.)</i> Make Bible shields to help them resist temptation.	My Bible Fun, card stock, pencils, tape, several pairs of scissors, markers, scrap paper Teacher Pack: "Shield" pattern 	Cut out the "Shield" pattern.
4 Lasting Impressions	Daily Challenges <i>(about 5 min.)</i> Choose a Daily Challenge to apply God's Word.	My Bible Fun, pens	
	Weaving Faith at Home <i>(about 2 min.)</i> Talk about how to share what they learned with their families.		

Bold text within the lesson is spoken text.



1 GETTING STARTED

Leader Says...

What You'll Do ■■■■■■

Welcome kids warmly as they arrive, and ask them how their week went.

Gather everyone together. Line up kids shoulder to shoulder in the center of the room.

Say: **Let's start today with a game of Leader Says! We'll play the game just like Simon Says.**

Stand facing the kids, and give them a series of simple commands. Precede some of the commands with the phrase "Leader says." As in the game of Simon Says, kids who perform the commands that weren't preceded by "Leader says" are out of the game.

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- What was it like trying not to move at certain times during this game?
- When is it hard for you to resist doing a wrong thing?
- Explain why you'd want to resist certain wrong things.

Say: **In this game, it's tempting to move, even when the person leading doesn't say "Leader says." When you're tempted, that means you're feeling urged to do something that might be wrong. When you resist temptation, that means you were strong enough not to do that thing. Sometimes it's hard to resist temptation. We're all tempted to do wrong things at times. Even Jesus was tempted. Today we'll hear how Jesus handled being tempted and how ► JESUS HELPS US RESIST TEMPTATION.**

2 BIBLE EXPLORATION

In the Desert

What You'll Do ■■■■■■

Open your Bible to Luke 4:1-13, and show kids the passage. Say: **In the Bible today, we'll learn about a time Jesus was tempted, and we'll learn how ► JESUS HELPS**

In the Desert Supplies

Bible
CD player
stones
3 extra-large sheets of
paper
tape
colored markers
Teacher Pack
CD: "Stones to Bread"
(track 12)

In the Desert Easy Prep

Hang 1 extra-large
sheet of paper where
children can reach it on
each of three walls.





US RESIST TEMPTATION, too. Before we talk about all that, I have some questions for you. Put children in pairs to answer the following questions.

Ask:

- What are some of your favorite foods?
- How many meals do you eat in a day?
- Have you ever skipped a meal? two meals? three meals?
- How do you feel when you skip a meal or two?
- How do you think it would feel to skip every meal for 40 days?
- What might you be tempted to do to get some food if you were very, very hungry?

Say: Thanks for discussing those questions. Today's Bible passage has something to do with food: Jesus actually went 40 whole days without eating! That's about as long as from Thanksgiving to Christmas—with no food! Let's think about that for a moment—40 days without eating. Pause as children reflect. The Holy Spirit led Jesus to the desert where he stayed for 40 days. Lead children to the first extra-large sheet of paper hanging on the wall. Have children take turns using markers to create a desert on the paper.

Say: During those 40 days Jesus was in the desert, he was tempted by the devil three times. Let's listen to the first time the devil tempted Jesus.

Play "Stones to Bread" (track 12 on the CD). As children listen, let them pass the stones around the group.

Collect the stones, and then say: These stones really don't look very tasty, do they? Jesus could've turned the stones into bread if he had wanted to because he's God. But he didn't—even though he hadn't eaten for a very long time. Instead, he quoted the Bible to Satan.

Talk With Kids ■■■■

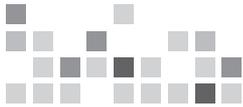
Lead children in this discussion.

Ask:

- What do you think it means to "not live by bread alone"?
- What do you think about how Jesus resisted temptation in this situation?
- What are some ways you can resist temptation?

Say: Jesus understands temptation. He knows that it can be really hard to resist some things, but ► JESUS HELPS US RESIST TEMPTATION. We can learn from his example, and we can ask him to give us strength.





Temptation Two Supplies

Bible
CD player
colored markers
extra-large paper from
the “In the Desert”
activity

Teacher Pack

CD: “Just Worship Me”
(track 13)

Don't Test God Supplies

Bible
CD player
colored markers
extra-large paper from
the “In the Desert”
activity

Teacher Pack

CD: “He Will Protect
You” (track 14)

Temptation Two

What You'll Do ■■■■■■

Say: **When Jesus was in the desert for 40 days, he was tempted three times. First, the devil tried to get him to change some stones into food because Jesus hadn't eaten in a very long time. Then the devil led Jesus to a high place, like the very top of a mountain.** Lead children to the second extra-large sheet of paper hanging on the wall; have children pretend to climb higher and higher as they approach the paper. Then have children take turns using markers to create a mural of a very high place, such as an aerial picture of mountains.

Say: **Let's hear how the devil tempted Jesus this time.** Play “Just Worship Me” (track 13 on the CD).

Say: **The devil wanted Jesus to worship him. He promised Jesus power and authority over all the land. But Jesus resisted. He quoted the Bible to the devil again. He pointed out that the Bible says to worship only God. Jesus used God's Word to resist the temptation.**

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- **Why do you think the Bible can help you resist doing wrong things?**
- **What are some things you can do this week when you're faced with a choice to do something wrong?**

Say: **Jesus is our best example for resisting temptation. The devil tried to trick him, but Jesus knew God's Word. When we follow his example, ► JESUS HELPS US RESIST TEMPTATION. This week when we're faced with choices, we can look at the Bible or think of Bible verses that point us to the truth and what's right.**

Don't Test God

What You'll Do ■■■■■■

Say: **Jesus wasn't just tempted once. He wasn't just tempted twice. When he was in the desert for 40 days, the devil tempted him three times. On his third try, the devil led Jesus to the Temple, or church, in Jerusalem and had Jesus stand on the highest point of the Temple.** Lead children to the third extra-large sheet of paper hanging on the wall. Then have children take turns using markers to create a picture of your own church building.

Say: **As Jesus stood at the highest point of the Temple, the devil tempted him.** Have children stand on their tiptoes and attempt to hold the position as they listen to the third temptation. Play “He Will Protect You” (track 14 on the CD).





Have children sit, and then say: **The devil sure wanted Jesus to give in to temptation! But Jesus resisted all three temptations. He was hungry and was tempted to turn the stones into bread. He was offered the world if he would worship the devil. And finally, Jesus was asked to prove that he was the Son of God by calling on the angels for protection. But he resisted every temptation, each time quoting the Bible. Jesus chose to obey God every time.**

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- Why does knowing that Jesus went through temptations help you?

Say: **As we face temptations, we can remember that Jesus went through temptations, too. We can look to the Bible, pray, and remember that God wants us to do the right thing. Let's learn our Key Verse and learn more about how ► JESUS HELPS US RESIST TEMPTATION.**

3 WEAVING FAITH INTO LIFE

Not Alone

What You'll Do ■■■■

Open your Bible to Hebrews 2:18, and show kids the verse. Say: **It's important that Jesus went through temptation. Our Key Verse helps us understand why. Listen while I read it: "Because he himself suffered when he was tempted, he is able to help those who are being tempted" (Hebrews 2:18).** Have the kids repeat the verse with you several times.

Say: **We all face temptations, and sometimes they can be hard to resist. But because Jesus went through temptations, too—and didn't give in—we can turn to Jesus for help with our own temptations. He understands what we're going through because he was tempted, too!**

Give each child a Lesson 7 My Bible Fun page and crayons. Direct kids to the "My Temptations" section. Say: **Think of a temptation you face—something you know is wrong but you have trouble not doing. Maybe you have trouble sharing your favorite toy with your friends, or maybe you're tempted to eat cookies before dinner.** Allow time for kids to think and then draw a picture of a temptation they face in the "My Temptations" section.

Put kids in pairs, and let them explain their pictures to each other. Finally, invite a few children to share with the whole group.



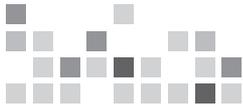
Not Alone Supplies

Bible
My Bible Fun
crayons

Not Alone Easy Prep

Tear out the Lesson 7 pages from each My Bible Fun student book.





Shield Against Temptation Supplies

My Bible Fun
card stock
pencils
tape
several pairs of scissors
markers
scrap paper
Teacher Pack
“Shield” pattern

Shield Against Temptation Easy Prep

Cut out the “Shield”
pattern.

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- How is what you’re tempted by like or unlike what your friends are tempted by?
- What’s it like to know that others are tempted by some of the same things?
- What can you do to work with your friends as a team to resist temptation?

Say: **We’re all tempted at times. But we’re not alone. Jesus was tempted so he could help us resist temptation. He showed us the right way to resist temptation.**

► **JESUS HELPS US RESIST TEMPTATION. Let’s make something to remind us of that.**

Shield Against Temptation

What You’ll Do ■■■■

Say: **A shield is used to protect us from things that might harm us. Jesus used the Bible to resist temptation, and we can, too! We can use the Bible as our shield to protect us from temptation. Let’s make Bible shields to help us resist temptation.**

Have each child trace the “Shield” pattern onto card stock. Then have kids cut out their shields. Point out that the shields are shaped like Bibles, and help kids write “BIBLE” on the front of their shields. Then let kids decorate their shields with markers.

Point kids to the “Bible Shield” activity on their My Bible Fun pages. Have kids cut along the line above the shield handle. Then have kids cut out the shield handles on the bold lines. Show kids how to fold the ends of the handles at the white lines. Then demonstrate how to tape the folded ends to the back of the shield to form a handle.

Say: **Now that our shields are complete, let’s play a game using our new Bible shields.**

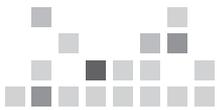
Have kids form two groups. Ask kids to help you make paper wads from scrap paper. Each child will need several paper wads.

Ask kids to think of temptations they face every day. Give examples such as cheating in school, being mean to a younger sister or brother, and not picking up toys when asked to. Have groups face each other.

Say: **Let’s pretend that these paper wads are the temptations we just named. When I give the signal, call out a temptation and throw a paper wad at the other group. But here’s the catch—the other group will be throwing paper temptations at you! Use your Bible shield to protect you from the paper temptations, just as the Bible protects you from real temptations. Are you ready? Go!**

Let kids play for a few minutes, and then gather everyone.





Say: **Take your Bible shield home with you. Whenever you're tempted to do something wrong, remember that the Bible can help you resist. Remember that Jesus resisted temptation and ► JESUS HELPS US RESIST TEMPTATION.**



4 LASTING IMPRESSIONS

Daily Challenges

What You'll Do ■■■■■■

Say: **Let's think about how ► JESUS HELPS US RESIST TEMPTATION.**

Have kids find this week's Daily Challenges in their My Bible Fun pages and choose one to do this week. They can choose one or more of these three options:

- **Each morning, pray and ask God to help you resist temptation that day.**
- **Find an adult you can talk to about temptation. When you're tempted to do something wrong, pray with that adult.**
- **Play a game of Follow the Leader with a friend. Then tell your friend that when we follow God, he will help us resist temptation.**

Make sure you choose a Daily Challenge as well, and tell kids what you chose. Kids will be more inclined to follow through on their commitments when they see you doing the same.

Talk With Kids ■■■■

Lead kids in this discussion.

Ask:

- **What's a practical way you're going to do your Daily Challenge? Include a time, a place, and other ideas.**

Say: **Jesus resisted the devil three times in the desert. Remember this week that ► JESUS HELPS US RESIST TEMPTATION, too, as we follow through on our Daily Challenges.**

Daily Challenges Supplies

My Bible Fun
pens





Weaving Faith at Home

Encourage kids to talk with their parents about the Daily Challenges they chose and what they learned about how Jesus helps us resist temptation. Kids can also do the activities in the “HomeConnect” section of their My Bible Fun pages with their families.

Talk to your Director about emailing the FREE FamilyConnect to all your church’s families. Available at group.com/digital.

Take a couple of minutes to pray with your kids, thanking God that Jesus helps us resist temptation. Have your kids stand in a circle. Have them take turns shouting out things that tempt kids their age, and each time a child shares an idea, have the entire group plant their feet in a strong stance and say, “► **JESUS HELPS US RESIST TEMPTATION!**” Then close the prayer: **God, help us follow Jesus’ example and rely on your strength and your Word when we have choices to make. Helps us honor you in all we do. In Jesus’ name, amen.**

