



Adam and Eve Sin

Genesis 3

Preschoolers don't understand doing wrong as rebellion against God. The preschooler's assessment of what's right or wrong may not always be in line with God's view regarding the behavior. Use this lesson to help children discover God's desires for their behavior and understand that God is happy when they do what's right and sad when they do what's wrong.



Bible Point
God wants us to make good choices.

Key Verse
"Love the Lord your God with all your heart and with all your soul and with all your strength" (Deuteronomy 6:5).

Weaving Faith Into Life
Children will make good choices.

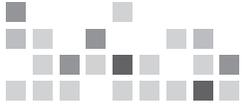
LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
<p>1</p> <p>Getting Started <i>about 5 min.</i></p>	<p>Welcome and Celebrate Welcome each other, and praise God through music.</p>	<p>CD player Teacher Pack: CD</p>	
<p>2</p> <p>Key Verse Activity <i>about 10 min.</i></p>	<p>Listening From the Heart Play a listening game.</p>	<p>Bible</p>	
<p>3</p> <p>Bible Exploration <i>about 15 min.</i></p>	<p>Puppy Pointers Hear how Theo took something that didn't belong to him.</p>	<p>CD player, Theo puppet, banana, string Teacher Pack: CD</p>	<p>Tie the banana to Theo's paw.</p>
	<p>Bible Time: A Big Sin Act out what happened in the Bible passage.</p>	<p>Bible, banana Teacher Pack: "The First Sin" poster (from the Big Bible Poster Pack)</p> 	

Bold text within the lesson is spoken text.



LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
<p style="text-align: center;">4 Weaving Faith Into Life <i>about 20 min.</i> (Choose 2 centers.)</p>	<p>Center 1: The Forbidden Tree Color the forbidden tree, and then put fruit candies on it.</p>	My Bible Hugs, crayons, green paper, fruit candies, resealable plastic bags, glue sticks, antibacterial gel (optional)	Remove the Lesson 3 pages from each My Bible Hugs student book, and write children's names on them.
	<p>Center 2: Choice Fruits Children will choose snacks, deciding whether to take the "forbidden" item.</p>	3 to 5 different choices of snacks (1 of which will be "forbidden"), small paper plates, antibacterial gel (optional)	
	<p>Center 3: Mission Impossible Experience shortcomings, and then see how Jesus' forgiveness helps them.</p>	masking tape Teacher Pack: paper crown	Put a 6-foot strip of masking tape on the floor.
	<p>Center 4: Hold Your Tongue Children will make faces with oversized tongues.</p>	paper plates, construction paper, scissors, crayons, yarn, glue sticks	Cut one 12-inch strip of construction paper per child.
<p style="text-align: center;">5 Lasting Impressions <i>about 10 min.</i></p>	<p>Daily Challenges Choose a Daily Challenge to apply God's Word.</p>	My Bible Hugs	
	<p>Action Prayer Pray together silently.</p>		
	<p>Weaving Faith at Home Talk about how to share what they learned with their families.</p>		

Bold text within the lesson is spoken text.



Welcome and Celebrate Supplies

CD player

Teacher Pack

CD: "God Wants Us to Come" (track 11), "Are You Going to Praise the Lord?" (track 6)

1 GETTING STARTED

Welcome and Celebrate



Tip Consistently use the same signal to announce a transition to the next activity. You could flip the lights off and on, use a train whistle, have a puppet rustling inside a bag, or sing cleanup songs. Keep it simple, consistent, and fun.

What You'll Do ■■■■■■

As the children arrive, greet each one with a smile. When it's time to begin, use your signal to gather the children together in a circle on the floor.

Lead children in singing "God Wants Us to Come" (track 11 on the CD) to the tune of "Mary Had a Little Lamb." Encourage children to follow the motions in parentheses.



God wants us to come to church, (*point up; then make steeple with hands*)
Come to church, come to church. (*make "come over" motion twice*)
God wants us to come to church (*point up; then make steeple with hands*)
To learn about him. (*point to head; then up*)

Jesus is here with us, (*hug self*)
Here with us, here with us. (*hug self*)
Jesus is here with us (*hug self*)
Because he loves us so. (*point to heart*)

(Repeat from the beginning.)

Say: **God loves us, and wants us to come to church to learn about him. He also wants us to come to church to sing about him. Let's do that now.**

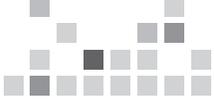
Lead children in singing "Are You Going to Praise the Lord?" (track 6 on the CD). Encourage children to follow the motions in parentheses.



Are you going to praise the Lord? (*hug self; then point up*)
I will praise him all the time. (*point to self; then point up*)
Remember all the things he has done. (*point to head*)
Jesus is a true friend of mine. (*shake hands with someone*)

(Chorus)

Praise, praise, praise the Lord. (*wave hands in air*)
Come on, come on, let's praise the Lord. (*make gathering motion*)
 (Repeat.)

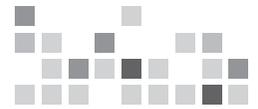


Praise him for his goodness to me. *(point up; then point to heart)*
 He is always loving and kind. *(hug self)*
 He died for me and forgave all my sins. *(spread arms to make a cross)*
 Jesus is a true friend of mine. *(shake hands with someone)*

(Repeat chorus 2x.)

Come on, come on, let's praise the Lord. *(make gathering motion)*
 Come on, come on, let's praise the Lord. *(make gathering motion)*

Say: **God has done so much for us. We can say thank you to him by praising him, by loving others, and by making good choices. And ► GOD WANTS US TO MAKE GOOD CHOICES because he knows what's best for us.**



2

**KEY VERSE
ACTIVITY**

Listening From the Heart

What You'll Do

Have children form a circle and sit down. Open your Bible to Deuteronomy 6:5, and show children the words. Tell kids the Bible is God's special book.

Say: **Our Key Verse from the Bible, Deuteronomy 6:5, says, "Love the Lord your God with all your heart and with all your soul and with all your strength." This means to love God with all of you. Let's say our Key Verse together.** Lead children in saying the adapted Key Verse with you: **Love God with your whole heart (Deuteronomy 6:5).**

Say: **One way you can show God you love him with your whole heart is by listening to God and following him. ► GOD WANTS US TO MAKE GOOD CHOICES, and God wants what's best for us. When we listen and do what God wants us to do, we show that we love God and that we trust him.**

Let's play a game to practice listening. I'll tell you to do something, and if it's something God wants you to do, then you can say our Key Verse and take a step forward. If it's not something God wants you to do, then you say the Key Verse but stand still. Ready? Let's play!

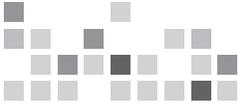
Have kids stand in a row several steps away from you. Practice the adapted Key Verse as needed. Encourage kids to take their steps toward you as you play the game with the following commands. That way the game can end when children reach you.

Say: **Okay, here's the first thing: Be really nice to your sister or brother.** Encourage kids to take one step forward and say the adapted Key Verse: Love God with your whole heart.

Listening From the Heart Supplies

Bible





Say: **Here's the next thing: Steal a cookie without asking.** Encourage kids to stand still and say the adapted Key Verse: Love God with your whole heart.

Say: **Draw a pretty picture for your grandma or grandpa.** Have kids take one step forward and say the Key Verse: Love God with your whole heart.

Continue playing the game, saying things God might want them to do and things God wouldn't want them to do. Play until kids reach you.

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- Why were some of these choices better than others?
- Tell about a time you made a good choice.
- Why do you think God liked that choice?

Say: ► **GOD WANTS US TO MAKE GOOD CHOICES. We can make good choices because we know that God loves us and wants what's best for us. When we listen to God and do what he says, we show God that we love and trust him. Let's say our Key Verse together one more time.** Lead children in saying the adapted Key Verse with you: **Love God with your whole heart.**

3

BIBLE EXPLORATION

Puppy Pointers

What You'll Do ■■■■■■

Say: **Listen, everyone, Theo's coming! He has something to show us. Let's find out what it is.** Play "Here, Theo" (track 4 on the CD), and bring out Theophilus the FaithRetriever.

Theo: Hi, everybody!

Teacher: Hello, Theo! It's so good to see you at church with us today. What do you have there?

Theo: I brought this banana with me.

Teacher: Why do have the banana?

Theo: Well, I heard you were learning about doing wrong things, and I did a wrong thing because I took this banana without asking.

Teacher: Oh, I see. Well, Theo, you're right—we're learning today about making good choices. Friends, let's say our Bible Point for Theo.

(Lead children in saying the Bible Point for Theo: ► **GOD WANTS US TO MAKE GOOD CHOICES.**)

Teacher: Theo, even though you did a wrong thing, you can make a good choice by giving the banana back.

Puppy Pointers Supplies

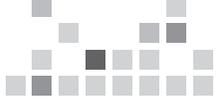
CD player
Theo puppet
string
banana

Teacher Pack

CD: "Here, Theo" (track 4)

Puppy Pointers Easy Prep

Tie the banana to Theo's paw.



Theo: I can?

Teacher: Yes, you can, Theo. We're learning that God wants us to make good choices and do right things.

Theo: That's nice! I'm going to go home and tell my mom that I'm sorry for taking the banana without asking! I hope she forgives me.

Teacher: That's a wonderful idea, Theo! Friends, let's say goodbye to Theo.

Encourage the children to wave or say goodbye to Theo. Then put Theo away in a safe place for next week's use.

Talk With Kids

Lead children in this discussion.

Ask:

- Why did Theo feel bad about stealing the banana?
- What are some other wrong things people do?
- Why do you want to make good choices to do right?

Say: **Today we'll hear about two people who did something God told them not to do. Choosing to do wrong hurt them very much. ► GOD WANTS US TO MAKE GOOD CHOICES to do right because he knows what's best for us.**

Bible Time: A Big Sin

What You'll Do

Open your Bible to Genesis 3, and show children the words. Tell children that the Bible is God's special book.

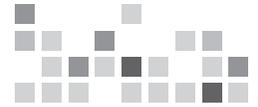
Have kids sit in a circle. Then say: **► GOD WANTS US TO MAKE GOOD CHOICES to do right. Today we'll hear what happened when the first two people on earth—Adam and Eve—made a choice to do wrong.**

Invite one boy to be Adam and one girl to be Eve. Have them stand in the center of your circle. Say: **This is Adam and Eve. Adam was the first man God made and Eve was the first woman God made. After God gave them life, he put them in a beautiful garden.**

Invite several kids to pretend to be fruit trees and berry bushes. Have them stand tall around Adam and Eve.

Invite the rest of the kids to pretend to be fruit that had fallen from those trees and bushes. Have them sit next to the trees and bushes and scrunch into balls by holding their knees.

Say: **Adam and Eve looked at all the beautiful fruit trees they could eat from.** Invite Adam and Eve to walk through and around the trees as they observe the beautiful garden.



Bible Time: A Big Sin Supplies

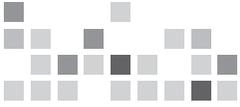
Bible

banana

Teacher Pack

"The First Sin" poster
(from the Big Bible Poster Pack)





Say: **But there was one tree in the middle of the garden. And God said they couldn't eat from that tree.** Choose one child who's pretending to be a tree and move him or her to the center of the circle.

Place the banana in that tree's hand. Say: **This is that tree.**

God told Adam and Eve they could eat all the fruits and vegetables they wanted except the fruit from the tree of knowledge of good and evil. Invite Adam and Eve to pretend to eat from all the other trees, except the one in the center. They can "pick up the fruit" by touching the shoulders of the kids pretending to be fruit and then pretending to take bites out of the "fruit" in their hands.

Say: **But there was a very sneaky snake that wanted them to disobey God's words.**

Show your pointer finger to kids and wiggle it like a snake. Weave through the "trees" and approach Eve. Use a soft, devious voice, as you pretend to be the snake. Say: **Hello there, Eve. My, that fruit looks yummy.** Lead Eve to the banana. **Did God really say you couldn't eat from any tree in the garden?**

Put your finger behind your back and use your regular voice again. Say: **What can Eve do right now?** Let a few kids answer. Then say: **Let's see what happened.**

Show your "snake" finger, and use your "snake" voice again to say: **I'm sure you won't die. God knows that when you eat it, you'll be become smart like God.** Invite Eve to pick up the banana. Have Eve invite Adam to eat, too.

Laugh in a teasing tone, and then say: **Eve believed me, and then Adam believed her. They ate some fruit God said not to eat. Ha, ha, ha! I want to get everyone to sin and disobey God. Oops! Someone's coming! I better go before I get caught.** Put your hand behind your back.

Have all the children sit in a circle again.

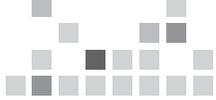
Show children "The First Sin" poster. In your normal voice, say: **Why do you think Adam and Eve look uncomfortable, or like they felt weird or bad, in this picture?** Allow time.

Say: **Adam and Eve felt so bad that they ran and hid from God.** Invite two children to cover Adam and Eve with their hands.

Say: **Adam and Eve are hiding. Where are they?** Invite kids to point out where Adam and Eve are on the poster.

Say: **Like you, God found them. He knew exactly where they were, and he knew what they did.** Have kids covering Adam and Eve remove their hands.

Say: **God was sad that they chose to do wrong. Because of the wrong thing Adam and Eve did, God had to make them leave the beautiful garden he'd made for them.**



It made God sad that Adam and Eve had to leave, and Adam and Eve were sad, too. Choosing to do wrong makes everyone sad. Show me your sad faces. Allow time.

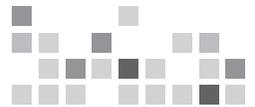
Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- Tell about a time you did something you knew was wrong, like Adam and Eve did.
- Explain whether you tried to hide the choice you made that was wrong.
- What can you do when you do something wrong?

Say: God was very sad because he loved Adam and Eve very much. ► **GOD WANTS US TO MAKE GOOD CHOICES** to do right. Adam and Eve couldn't hide when they made a choice that was wrong, and neither can we. God knows, but he still loves us. Let's make choices we know are right this week. Set the banana aside to eat later.



4

**WEAVING FAITH
INTO LIFE**

Choose at least two of the learning centers to help reinforce today's Bible lesson. Gather the needed materials, and put the supplies in an out-of-sight area until you're ready for them. Allow the children to choose which center they'd like to explore first. Then circulate among the children as they create and explore. Encourage them to make connections between their activities and the Bible by asking them the questions included with each center's description.

CENTER 1:

The Forbidden Tree

What You'll Do ■■■■

Give each child a My Bible Hugs Lesson 3 page, crayons, and green paper.

Say: **God made a beautiful garden for Adam and Eve to live in. He just gave them one rule: Don't eat from the tree of the knowledge of good and evil.**

Have kids tear a rounded shape out of green paper for the top of the tree. Provide glue sticks so children can glue the treetop onto the forbidden tree. Then have kids color in the rest of the picture.

Have kids clean their hands, and then place several fruit candies on their trees. Remind them not to eat the candies.

**Center 1: The
Forbidden Tree
Supplies**

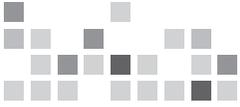
- My Bible Hugs
- crayons
- green paper
- fruit candies
- resealable plastic bags
- glue sticks
- antibacterial gel (optional)

**! ALLERGY
ALERT**

**Center 1: The
Forbidden Tree
Easy Prep**

Remove the Lesson 3 pages from each My Bible Hugs student book, and write children's names on them.





Center 2: Choice Fruits Supplies

3 to 5 different choices
of snacks (1 of which
will be “forbidden”)
paper plates
antibacterial gel
(optional)

! ALLERGY ■ ALERT

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- What’s it like to not be able to eat the candies?
- Why does God want us to make good choices to do right?

Say: ► **GOD WANTS US TO MAKE GOOD CHOICES to do right. He knows what’s best for us; so we can always trust what he tells us to do.** Let kids take their fruit candies home in resealable plastic bags to eat them.

■ CENTER 2:

Choice Fruits

What You’ll Do ■■■■

Have children clean their hands and then sit down for the snack. Say: **God cares for us so much that he gives us choices. He lets us choose, but ► GOD WANTS US TO MAKE GOOD CHOICES to do right. Let’s look at the choices we have for a snack.**

Put the snack options on the table in front of the kids.

Say: **The [name of forbidden food] is like the fruit we heard about in the Bible today. I don’t want you to eat it.**

Hand out the plates, and direct children to choose their snacks. As kids take their snacks, remind them of the snack that’s the “forbidden fruit.” Tell them that you want them to make good choices. Try not to draw everyone’s attention if children start to choose that snack.

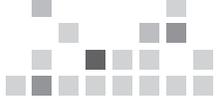
Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- What was it like to choose between different snacks?
- How do you know if you made the right choice?
- What do you do to make choices that are right every day?

Say: **Just like Adam and Eve, we sometimes forget about all the other things we can have and just remember the one thing we can’t have. Remember, ► GOD WANTS US TO MAKE GOOD CHOICES because he cares for us very much.** Now let kids have the forbidden snack.



CENTER 3:

Mission Impossible

What You'll Do

Say: **Adam and Eve were the first people to make a choice to do wrong. Ever since then, every person, except Jesus, has made choices to do wrong things.**

Place the paper crown at one end of the masking tape strip you laid down earlier. Have kids line up at the end of the masking tape opposite the crown. Encourage children to jump as far as they can to try to reach the prize. The crown will be too far for any of the kids to reach.

Say: **► GOD WANTS US TO MAKE GOOD CHOICES to do good things. And we do our best to always make good choices, but like in our game where we couldn't jump all the way to the end, we don't always make it to the end of the day without making a wrong choice.**

Repeat the game. This time, after each child jumps, have two adults carry him or her to the crown. As the crown is placed on the child's head, say the following: **Everyone has made wrong choices, but Jesus forgives, and his love brings us to God.**

Talk With Kids

Lead children in this discussion.

Ask:

- **What were you thinking when you couldn't jump far enough?**
- **What was it like when people carried you to the crown?**

Say: **Because we've done wrong things, we can't get to God on our own. But Jesus loves us, and Jesus will help us get close to God. ► GOD WANTS US TO MAKE GOOD CHOICES, and one of those choices is to be friends with Jesus.**

CENTER 4:

Hold Your Tongue

What You'll Do

Say: **Adam and Eve got into trouble by eating something that God told them not to eat. God knew what was best for Adam and Eve because God cared for them. It made God sad when Adam and Eve chose not to obey him.**

Give each child a paper plate and a strip of construction paper. Say: **Our tongues can get us into trouble when we eat something we shouldn't, as Adam and Eve did, or when we say mean things to someone. But our tongues can also do good things, such as encourage others, say nice things to people, and eat yummy food that**



Center 3: Mission Impossible Supplies

masking tape
Teacher Pack
paper crown

Center 3: Mission Impossible Easy Prep

Put a 6-foot strip of masking tape on the floor.

Center 4: Hold Your Tongue Supplies

paper plates
construction paper
scissors
crayons
yarn
glue sticks

Center 4: Hold Your Tongue Easy Prep

Cut one 12-inch strip of construction paper per child.



we're allowed to eat. God made our tongues to do good things, not bad things. Let's make some silly masks to remind us to do good things with our tongues!

Show kids how to place their plates with the rounded bottom of the plate facing up. Have each child decorate his or her plate like a face.

Show kids how to roll the construction paper strips. They can glue one end of the construction paper strip to the middle of the mouths they drew.

Encourage kids to glue yarn around the plate as hair.

Tell kids that you're going to say some actions they can do with their tongues. Have them hold on to the rolled-up tongues as they pick up the paper plate faces. Have them look at the faces they made as you say the different actions. They'll continue to hold the tongue in place if you say a good choice. They'll let go of the tongue and let it unroll if you say a bad choice.

Begin listing actions such as eating all your dinner, saying something mean to your sister, and saying "I love you" to your parents. Encourage kids to hold their tongues when you say good actions, and let go of the rolled tongues when you say bad actions. (They'll roll the tongue back up after each bad action mentioned.)

Talk With Kids ■■■■

Lead children in this discussion.

Ask:

- **How did you decide what was a good choice and what wasn't?**
- **What are some good things you can do with your tongue?**

Say: **There are so many wonderful things we can do with our tongues! Let's use our tongues for good and not for bad. ► GOD WANTS US TO MAKE GOOD CHOICES. We make good choices because God knows what's best!**

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5

LASTING IMPRESSIONS

Daily Challenges

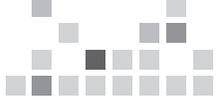
What You'll Do ■■■■■■

After the children have cleaned up their centers, bring everyone back to a circle area on the floor. Review the lesson activities and the Bible Point, and then encourage the children to share what they remember about what they learned from the Bible today.

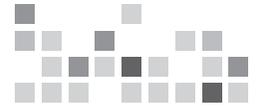
Daily Challenges
Supplies

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My Bible Hugs



Also use this time to challenge kids in their faith. Encourage them to choose a Daily Challenge for applying today’s lesson to their lives this week. Use this challenge for encouraging your children’s growing relationships with Jesus.



Talk With Kids

Say: **Today we learned that ► GOD WANTS US TO MAKE GOOD CHOICES. I would like each of you to choose a way to make good choices this week.**

Give kids these three challenges to choose from:

- **Make the right choice to share with your brothers, sisters, or friends all week.**
- **If you do something wrong, ask God to help you make the right choice next time. Then ask your mom or dad for forgiveness.**
- **When you have a choice to do right or wrong say aloud ► “GOD WANTS US TO MAKE GOOD CHOICES,” and then choose the right thing.**

Have kids each whisper in your ear or tell you which idea they’ve chosen, and then circle it on each child’s My Bible Hugs page. Make sure you tell kids the challenge you choose. Your commitment will inspire children and will give them an opportunity to see God at work in your life as well as in theirs!

Action Prayer

What You’ll Do

As you end your meeting, say: **Think of a choice you made to do something wrong. Allow time. I’ll give you time to ask God for forgiveness for that wrong thing. You can talk to God silently.** Lead the children in praying silently, asking God to forgive them for the wrong choices they made.

Say: **Now think of a right choice you want to make this week.** Allow time. Then lead children in praying silently, asking God for help with making right choices.

Weaving Faith at Home

Have children take home their My Bible Hugs pages whether they worked on them or not. Have the children tell their parents the challenge they committed to in the “Daily Challenges” activity. Encourage the parents to help their kids fulfill this commitment during the week. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

Talk to your Director about emailing the FREE FamilyConnect to all your church’s families. Available at group.com/digital.



